



**BLUE OAK SCHOOL**  
A WALDORF-INSPIRED PUBLIC CHARTER (K-8)

# The Acorn



As we work to close down for the holiday season, we wish you and yours a very merry season.



*S. Domenighini*

## Important Dates

**Dec 25th-Jan 5th** Winter Break (No School) and Winter Break Clubs

**Jan 8th** (No School)- Winter Baking Camp Day (sign-up early)

**January 11th** - Facilities Committee 6-8

**January 9th** Finance Committee 4:15-6:15

**January 15th** MLK (No School)

**January 16th** Charter Council (BOCC) Regular Meeting 6-8

**January 23rd** Parent Council Meeting 6-8



## Winter Concert

The winter concert was a wonderful night full of music and joy!



## Reminder- No School- January 8th

### January 8th- Winter Baking Day Club

New Winter Baking Day Club- January 8th

Only 30 spots left for this fun filled delicious adventure where the kids will bake and play the day away! Please send a lunch, and sign up quickly! No cost!

Link to register: <https://app.jackrabbitclass.com/regv2.asp?id=551503>



In keeping with the many countries that celebrate the lighting of lanterns to brighten the increasing dark at this time of year, the 1st and 2nd grade held an early Winter Solstice Lantern Walk. The Lantern Walk affirmed symbolically that our own light can continue to shine even as the light and warmth of the sun are

waning. Now and through the winter, light and warmth come from our own heart, from the home, and from the fellowship of friends and family.

### Light Spiral

December brings a visit from Nikolaus (and walnut shells everywhere!), the evergreen Light Spiral, and messages of love.





## Girls on the Run Program

Parents/Guardians – We are happy to announce that our school will be hosting a Girls on the Run team this spring for girls in 3<sup>rd</sup>, 4<sup>th</sup>, or 5<sup>th</sup> grade.

Registration Opens on January 16th at 6am on a FIRST-COME, FIRST-SERVED basis and will stay open until we reach a full team of 15 or March 1st - whichever comes first.

Girls on the Run is WAY more than a running program. Through dynamic, conversation-based lessons and running games taught by certified Girls on the Run coaches, Girls on the Run is a safe, supportive place for your girl to build her CONFIDENCE, CONNECT with peers who turn into friends, and learn LIFE SKILLS to help her navigate her world.

Meeting twice a week in small teams of 8-15 girls, running is used to teach girls how to set a goal, slowly work toward it and accomplish it while encouraging lifelong health and fitness and building confidence through accomplishment.

Volunteer coaches follow a research-based curriculum that covers topics such as:

- how to turn negative self-talk into positive self-talk
- how to understand their emotions
- how to choose good friends and be a good friend
- how to show gratitude and express empathy
- how to deal with gossip and handle peer pressure
- and SO MUCH MORE!

At the seasons conclusion, the girls will complete a 5k (3.1 miles) fun run. Completing the 5K gives the girls a tangible sense of achievement as well as a framework for setting and achieving life goals. The result—making the seemingly impossible, possible and teaching girls that they CAN.

Season begins: Week of Feb. 19th or Feb. 26th 2024. Start time depends on school holiday schedules.

Season Ends: Week of May 6th



**Kelley Sexton**

Kelley is using Smore to create beautiful newsletters