



BLUE OAK SCHOOL

A WALDORF-INSPIRED PUBLIC CHARTER (K-8)

The ACORN for the week of April 13, 2020

Virtue for April – Friendship

“The best and most beautiful things in the world cannot be seen, nor touched but are felt in the heart.”

– Helen Keller

This Week

- 4/13 NO School
- Tuesday, 4/14 Finance Committee Meeting via Zoom at 4:15PM
- Wednesday, 4/15 Special Parent Council Meeting at 6PM

Covid-19 Resources

For the most up to date resources and links regarding the COVID 19 Emergency please visit our website:

www.blueoakcharterschool.org



- Technology
- Essential Services Childcare
- Counselors
- Grab and Go Lunches

Mindful Moments from our School Counselor

Considering all of the responsibilities and stress we are facing as individuals and as a community, it is more vital than ever that we check in with ourselves each day and take a grounding moment to identify how we are feeling. In the words of Rudolf Steiner, “feelings are for the soul what food is for the body.”

Take a deep belly breath, and try to answer the following:

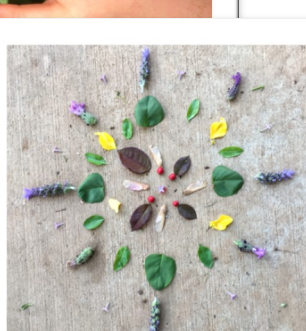
- ~ Name three things you are grateful for
- ~ Identify the emotion(s) you are currently feeling
- ~ Pick one thing you can do to make today better

(this can be done alone or as a family)

Warmest wishes,
Emma Todd, LCSW
School Counselor



Photo Submission



We would love to hear from you and share photos of what you are doing with the Blue Oak community!

Please email photo's to:
info@blueoakcharterschool.org

REQUIRED: Let us know if we can share your photo on social media and/or in the ACORN.

NOT REQUIRED: If you wish you can include students first name, grade, and a brief explanation of the activity.

Health Office – Note from Nurse Sherry

Hope everyone is staying healthy, busy at home, and navigating this new lifestyle. Although I will not be seeing everyone in person I would like to keep in touch by occasionally sharing some health information with Blue Oak students and families.

Do you have a student who needs any assistance with medical referrals, etc.? With the loss of jobs, comes changes in insurance and providers, however many clinics (including Ampla and North Valley Indian Health), are still taking appointments/new patients with non urgent appointments being conducted through TeleMed! If you know of a student who may need assistance please let me know!



Sherry Atkin
School Nurse
sherry@blueoakcharterschool.org



Handwork—Face Mask Kits



We have a very limited amount of fabric face mask kits available to students who would like to sew one. They are child sized masks. Please email Sarah Eblin with your child's name, grade, and teacher if you would like to pick one up for your child at the next scheduled packet pickup.

Sarah Eblin, Handwork: saraheblin@blueoakcharterschool.org
(email me if you'd like to help cut fabric or donate materials as well!)

Packet Pickup

DRIVE UP PACKET PICKUP

Packet #3 for work from 4/20/2020 to 5/1/2020

Friday, April 17

4:30PM to 5:30PM

Monday, April 20

7:45AM to 8:45AM and 4:30PM to 5:30PM



Next Week

- 4/21/20 Charter Council Meeting

Refunds

ALL fieldtrips and events for the 2019/2020 School Year are CANCELLED

Refunds will be issued as soon as possible with regard to the current situation. If you have questions about a refund, if you would like us to hold on to your funds for future field trips, or if you would like to redesignate funds to be a donation please email our Business Office Assistant, Maggie Buckley at maggie@blueoakcharterschool.org with the subject line "REFUND".

